
The Seven Spiritual Laws of Success Summary PDF Cheatsheet — GrowthSummary.com

? 1. Stay Silent: Reconnecting with your true Self

Our regular life is made of separate objects and boundaries, but underneath that is a state of “pure potentiality” which is our true self beyond fear, desire or identity. We can access that state through silencing our mind, meditating 30-60 mins daily, not judging, and being in nature.

? 2. Don't Judge: Accepting everything as it is

Non-judgment means accepting all that is happening, flowing with life rather than resisting it. We can practice this through accepting all our feelings, accepting others unconditionally and transforming challenges into opportunities.

? 3. Give Graciously: Sharing increases our abundance

Usually we feel that giving results in us having less. But Deepak says it is a law of the universe that giving increases the flow of abundance in our lives. Give whatever you wish to get, give with joy, and give non-material gifts like your attention, caring, kindness, etc.

? 4. Decide Intuitively: Tapping into our inner intelligence

Karma means cause and effect, our actions today creating our future. We can build good karma by listening to our inner intuition when we make a decision. Really putting attention inside your body to see what it's telling you, especially in the heart/belly area.

?? 5. Remain Detached: Desiring without attachment transforms us

Detachment is striving for what you want without being attached to getting the outcome. This can be achieved through one-pointed attention in the present moment. Being totally engaged with what you're doing so you lose track of time.

This is just a sample!

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