How to Fail at Almost Everything and Still Win Big Summary PDF Cheatsheet — <u>GrowthSummary.com</u>

? 1. Follow systems: Instead of chasing goals, follow daily systems, which focus on consistent progress

Self help authors often tell us to set goals, but Scott Adams says goals are for losers. Instead, longterm success comes from using systems, which means doing the right actions every day with no deadline.

? 2. Build a "Talent Stack": Combining multiple skills can create a unique advantage for you

Being the best in the world at one skill is almost impossible. Instead, build a "stack" of multiple skills that you're pretty good at. Scott Adams is just okay at drawing, writing and business, but this unique combination of skills have made him very successful.

? 3. Expect failure: Expect yourself to fail many times on your path to success

Scott Adams failed many times before and after his Dilbert success. This didn't bother him because he saw failure as part of his system: each time he gained new knowledge, skills and connections for his next attempt. In business, we can increase our odds of getting lucky by making many attempts, like pulling a slot machine lever over and over again.

? 4. Cut Your Losses Early: Don't keep working on business ideas that start out bad

If some people are enthusiastic about even the early rough version of your product, then keep working on it. But if nobody cares, then further work to improve product quality may be pointless.

?? 5. Listen to feedback: Accepting constructive criticism can turn a mediocre product into a winner

Scott Adams put his email in Dilbert comic strips to hear comments from his readers. Based on their feedback, he changed the focus to office life, which caused Dilbert to take off in popularity.

? 6. Prioritize Personal Energy: Managing your energy levels is the most important thing for productivity and well-being

Keep your personal energy high because it helps you achieve everything else. Experiment with different foods. Get sleep and exercise. Work on side projects with big potential to feel hopeful.

? 7. Try Affirmations: Try repeating affirmations to boost confidence and motivation, even if you're skeptical

Affirmations are positive statements like *"I will be a millionaire."* You imagine getting what you want while repeating the affirmation 15 times in your head, out loud, or in writing. Scott Adams says this (admittedly unscientific) technique was key to his biggest successes.

This is just a sample!

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